



Visualizing

Activity: Guided Imagery

Purpose: To create mental images; to provide time to discuss visualizations.



1. Teacher reads a descriptive passage to students pausing occasionally to share what he sees in his mind and the emotions he is feeling. Point out to students the rich text that helped create the images and emotions. (Be sure to include text that stimulates all 5 senses).
2. Teacher asks students to close their eyes, breathe deeply and relax as he reads a descriptive passage.
3. Throughout the passage, pause to ask students what they see, hear, taste, smell and feel. Ask the students what words helped them create the mental image and emotions.

*Source: McLaughlin, M. & Allen, M.B. (2000). Guided Comprehension: a teaching model for grades 3-8. Newark, Delaware: International Reading Association.